



It is time, it is a Jubilee!

Make time to live and love fully, have the courage to say yes and no genuinely, be cheeky enough to walk towards things that serve you and away from your energy zapping tendencies and circles.

> Regroup And Reset In 25 Ways In 2025

5 Wishes



25 Ways (m 2025

I wish to:
1
2
3
4
5

5 Needs



15 Ways (m 2025

I need to:			
1	 	 	
2	 	 	
3	 	 	
4	 	 	
5	 	 	

5 Actions



25 Ways (m 2025

I am going to:	
1	
2	
3	
4	
5	

5 Relationships



am going to be attentive and loving to:	
	•••••

5 Gifts



25 Waye (m 2025

I shall generously give to self and others on a daily, weekly and monthly basis:
1
2
3
4
5

