

THE
JOURNEY

THE VISION BOARD GUIDE

THABISILE PHUMO

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INTRODUCTION

Every journey needs a map. Beyond a map, it requires clarity and focus on the direction of the destination.

Life is a journey and therefore to keep focussed, a vision board is a recommended tool for more of us who require guidelines to keep us on track.

This is an easy to use template on developing your vision board. While developing it is easy, the most difficult part is making sure that you are single minded about the building blocks.

Impact is what makes the journey worth while. Therefore, as you develop your vision board, you must have the end in mind. It is about what ultimately is your crown. For some people, they are journeying towards wealth, some towards recognition and some towards making a difference. Whatever your crown is, this is your journey. You have to map it, you have to prepare for it and most importantly, you must enjoy it.

Happy journeying! I wish you emotional, spiritual and physical fulfilment.

Love
Thabi

VISION BOARD

A vision board is a life map, a visual representing of the life you are living or wish to live. It is a documentation of your dreams, your aspirations and the impact you wish to make in this realm.

You are invited to make the time for a strategy session with yourself, the outcome of which will be a realistic and inspiring vision board



VISION BOARD

My Purpose

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My Vision

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My Values

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My Goals

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My Legacy

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YOU

MY PURPOSE

My purpose is:.....

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MY VISION

My vision is:.....

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MY VALUES

My values are:

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MY GUIDING PRINCIPLES

My guiding principles are:

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MY GOALS

My spiritual goals are:

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My health goals are:.....

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My relationships goals are:

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My career goals are:.....

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My financial goals are:.....

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My goals with my hobbies are:.....

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 MY LEGACY

My legacy is:



MY STYLE

My personal brand is:

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My motto is:.....

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My attitude towards life is:

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My work ethic is:.....

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MY RELATIONSHIPS

Partner:.....

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Children:.....

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Parents:

Siblings:

Relatives:

Friends:

Colleagues:

Rivals:



*I*N THE LUGGAGE

Packing the right things is important for every traveller. Knowing the destination and its GPS code is not enough, because the journey of life is seldom a straight line.

It is important for one to consider what is required to sustain one throughout the journey.

Life Travel Tips

1. Courage

To take the first step, one needs courage. The courage to go into uncharted territories, the courage to push on when giving up is the logical option. Most importantly, the courage to go back on course, if one fell by the way side or got lost along the way.

2. Faith

Faith is believing in the destination more than the journey. It is understanding that all else might fail, but all roads will lead to the final destination. It is believing in the known unknown. It is about walking for the end in spite of the beginning or the journey.

3. Peace

There is always turbulence, potholes and cul de sacs on the journey. Successful travellers insulate themselves with peace. Peace that what will be, will be. Peace that there could be traffic and therefore, one must make way for others. Peace that everyone eventually arrives at their destination; it is not about the speed, but the quality of the journey.

4. Knowledge

Knowledge is key. Spending time to know oneself, know others and to know the environment is important. What is unknown, can never be managed. Therefore, one must have an open heart, an open mind and an attitude of a perpetual student.

5. Compass

There is a Higher Power that guides everyone in their journey; that is the compass. This compass is the master GPS that locates the lost, guides the unsure and lands everyone at their final destination, safely.

*S*USTENANCE BY THE WORD

Personal Relationship with God

"Draw near to God and He will draw near to you."- James 4:8

Prayer

"Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."- 1 Thessalonians 5:16-18

Purpose

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."- Jeremiah 29:11

Health

"The Lord sustains them on their sickbed and restores them from their bed of illness."- Psalm 41:3

Relationships

"And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching." – Hebrews 10: 24-25

Family

"Let love be genuine. Abhor what is evil; hold fast to what is good." – Romans 12:9

Finances

"Lazy hands make for poverty, but diligent hands bring wealth."- Proverbs 10:4

*S*USTENANCE BY THE WORD

Work

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters." - Colossians 3:23

Planning

"Commit to the Lord whatever you do, and he will establish your plans." – Proverbs 16:3

Decision Making

"Listen to advice and accept instruction, that you may gain wisdom in the future."
– Proverbs 19:20

Favour

"The Lord make His face shine on you, And be gracious to you." – Numbers 6:25

Giving

"And do not neglect doing good and sharing, for with such sacrifices God is pleased."
– Hebrews 13:16

Thanksgiving

"Give thanks to the Lord, for he is good; his love endures forever." - 1 Chronicles 16:34.

Trials and Tribulations

"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."
-Philippians 4:6-7

*T*RAVELLER'S PRAYER: PSALM 23

1. The LORD is my shepherd, I shall not be in want.
2. He makes me lie down in green pastures, he leads me beside quiet waters.
3. He restores my soul. He guides me in paths of righteousness for his name's sake.
4. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.
5. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.
6. Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

YOUR IMPACT

At some point our journey will end. It is at this point when we will come face to face with our vision because our legacy will be called to question.

As you journey through your life, it should be about you making a mark for yourself in the present and for generations that come after, in the future.

You therefore have an opportunity live your life the way you would like to be remembered.

If you had the opportunity to stand in front of your grave and had to look back and sum up how you would like to be remembered, what would your epitaph say? At your funeral, what would you want people to say about you?

Take the courage to put it down. Talk about yourself outside your family, your qualifications, your relationship status and your work. See yourself as a human being, who were you and what will the world miss about you?

A great vision is support by a good life that affirms itself and impacts positively on others

*T*HIS IS HOW I WISH
THE WORLD TO REMEMBER ME :

“I loved and lived my best life”

Love. Joy. Peace.

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